

## PEPSICO GLOBAL SECURITY

# A GUIDE TO TRAVELING ABROAD

### **WOMEN TRAVELERS**

- Don't advertise the fact that you're traveling alone.
- If alone, whenever possible, travel in daylight or on well-lit roads.
- Pre-arrange travel.
- Be especially cautious after dark.
- Ignore nuisance and/or aggressive behavior.
- Trust your instincts.
- Remember there is safety in numbers.
- Research and abide by local customs.
- Maintain a low profile to include dress, jewelry, behavior, etc.

#### **GENERAL CAUTION**

- Remember that an obvious business traveler is a potential target.
- Keep reliable local contacts informed of your itinerary.
- Get a good city map and study it.
- Do not establish predictable patterns and movements.
- Beware of contrived incidents and "instant" friendships.
- Avoid civil disturbances.
- Consider keeping some worthless credit cards and a small amount of cash with you to hand over in the event you are subjected to a robbery.
- If you are threatened with violence, do not try to be a hero.
- If followed, go to a police station, or a shop/office and ask them to call the
  police and then remain where it is safe.

#### PERSONAL CONDUCT ABROAD

- **DO NOT** do anything that might be misconstrued or reflect poorly on you or PepsiCo's family of companies.
- DO NOT discuss company or personal problems this information can be exploited.
- DO NOT carry, use or purchase any drugs. If you use prescribed medication, keep a copy of the prescription with you.
- DO NOT engage in "Black Market" activities, e.g. illegal money exchange.
- DO NOT accept or deliver letters, packages from anyone unknown to you.
- DO NOT carry weapons.

#### PERSONAL CONDUCT AND AUTHORITIES

- DO NOT photograph anything that appears to be associated with the military or internal security of the country.
- DO NOT purchase items that are illegal to import, e.g. endangered species, antiquities.

#### If detained by authorities:

- Politely insist on your rights.
- Make an appropriate telephone call to the Consulate or to a friend who will inform the Consulate.
- Stay calm, maintain your dignity and do nothing to provoke authorities
- Request identification even from embassy representatives.
- DO NOT admit anything or volunteer information.
- **DO NOT** sign anything until it has been examined by your representative.
- **DO NOT** agree to help in return for your release.

#### **IF YOU ARE KIDNAPPED**

- Be calm and cooperate do not antagonize your captors.
- If shooting occurs, keep your head down or drop to the floor.
- Remain alert.
- Be responsible but do not volunteer information.
- Try to remember details such as vehicles used, routes taken, noises, time to destination, etc..
- If medical attention is needed, ask for it.
- Don't attempt to escape unless completely sure of success.
- Remember that others are working for your release.
- If instructed by a rescue force to move, do so quickly. Put hands up in the air or behind your head, make no sudden movements.
- Be prepared to be treated initially by the rescuers as a hijacker or coconspirator.

#### **IN SUMMARY**

#### **Basic principles**

- If you research and plan in advance of your travel, you will be more confident and able to handle situations to your advantage.
- Be alert and aware at all times.
- Maintain a low profile.
- Be unpredictable in your activities.
- Keep the numbers of a friend, the local consulate, and police with you at all times.
- Never be complacent.

#### TRAVELING ABROAD SAFELY PERSONAL PREPARATION Safe international travel requires individuals to Check whether you need a visa/international driving permit. Is your passport valid? Photocopy its basic information. Be well prepared. Keep your passport safe and the photocopy separate. Be a difficult target for criminal elements. Distribute your risk - credit cards, travelers checks and other important Be aware of the various risks to themselves and their belongings. documents. Get some local currency. Looking ahead Conceal all other valuables. Take only the credit cards you intend to use. Research your destination - customers, culture, security risks. Take extra medication and prescriptions – carry prescriptions with you. Make links with locales or experts for tips and advice. Take with you details of blood type, allergies, medical condition, etc. Plan your route, the best mode of travel and accommodation. Leave a copy of your itinerary with someone you trust. Check for the latest travel advice (e.g., www.ds-osac.org and If the alphabet of the country is not Roman, have your destination written in www.internationalsos.com). the local script so you can give it to people for help. Remember to take your mobile phone charger - keep your battery charged . Pre-store on your mobile phone any useful numbers you might need. Take electrical adapters and a small transformer. **LUGGAGE AND AIR TRAVEL AIRPORTS** Luggage Travel light – try to limit yourself to hand luggage–it avoids waiting around. Check in early. DO NOT pack sensitive or proprietary information, valuables or essential Cooperate with security checks. medication in your checked luggage-double envelope it - carry it by hand. Go directly to the gate or secure area after checking in luggage. Use sturdy luggage, do not over pack and consider strapping it. In the event of trouble, go in the opposite direction – don't get involved. Use covered tags to conceal details of your address. Never leave your baggage unattended. Treat your laptop as hand baggage and keep it under your control. Put your name and address inside each piece of luggage. Watch your baggage at all times, even through security checks. Ensure all luggage is locked, if possible. Arrange to be met on arrival and leave the airport promptly. Air Travel Try to book a non-stop flight. Choose an airline with a good safety and on-time record. Try to make stopovers in airports that have high security standards. **DRIVING TRAINS** Many cities have more than one station - confirm in advance from which • Know the registration & make of the car - have your driver's license with you. station your train will depart. Review available insurance coverage carefully and consider upgrading. Make reservations in advance. Ensure you know the country driving laws; e.g. speed limit, etc. Understanding the 24-hour clock will help. • Hire cars with air conditioning rather than driving with the windows open. Keep your luggage under your control. • Do not openly display luggage or valuables – lock them in the boot/trunk. Safeguard your tickets – keep them until you have left your final station. • Look inside the car before getting in. Keep doors locked and windows closed. Check whether your coach will be switched at any time en route and be • Be cautious of people asking directions. prepared. When coming to a stop, leave room for maneuvering around other cars. If you have to transfer trains know the details – time, place, etc. Where possible, drive in the center lane. Know how to spell and pronounce the name of your city destination. Stay alert to people approaching your car at lights and junctions. Try to avoid late night or early morning arrivals and being stranded. • If you have an accident or have to get out of the car, lock it and take the key. Have travel documents ready for inspection at border crossings. • If stopped by police, ask for identification. Keep the door of private compartments locked. • If in doubt, ask them to follow you to the nearest police station. In some countries it might be advisable to carry your own food and water. • Don't stop to assist strangers with broken down vehicles – call for help. • Park in well-lit areas. Avoid parking next to large vehicles or in remote areas. **TAXIS** Check that your hotel is in a safe location. Avoid using unofficial or unmarked taxis. Make sure your hotel room has all the required safety features (smoke Pick your taxi, don't let them pick you. Try to establish the fare before getting in. detectors, sprinklers, fire instructions, locks, etc.). If possible, stay between the 2<sup>nd</sup> and 7<sup>th</sup> floors for fire ladder evacuation. Have change ready to pay. Note how the hotel staff are uniformed or identified. If possible, avoid putting luggage in the boot/trunk of a taxi. Know the hotel fire plan and check the exits. Avoid sharing the taxi with other unknown passengers. Leave the impression that your room is occupied at all times (lights, TV on). If threatened, don't argue or take risks. Give up your car/taxi and any Keep your room key with you at all times. valuables.

Use the dead bolt or chain when in your room.

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Use the air-conditioning rather than leaving windows open.

Do not take casual acquaintances back to your room.

Beware of pickpockets, drug dealers and prostitutes using the hotel facilities.

If your passport is retained, get it back as soon as possible and keep it on

If you are on sensitive business, remember that the room may be bugged.